

PACK FOR YOUR HIKE

VISIONING AND CREATING IDEAS

THIS TOOL WILL HELP YOU TO:

- ★ consider your project or personal development process as a journey
 - ★ conduct a stocktake of what you have and what you need to help get you where you're going
 - ★ prepare you for reaching your vision.
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HOW TO:

This tool uses the idea of a 'hike' as an analogy for a journey on which you will need to embark upon as a change maker. It's not always easy, sometimes it can be a matter of survival, tough going or seem like an uphill battle. However, if you are prepared and have packed well with all the essentials, your journey will be a lot easier. This tool is best applied when you have a clear direction and vision toward which you are trekking.

- 1 Define your vision or goal, the oasis at the end of your long hike.
- 2 Use the following questions to plot out your journey and make a list of things you will take with you or pick up along the way. The narrative you create informs your project plan (and vice versa) and helps you see your process as a journey.

Where is base camp? The place you can always come back to.

Will you need a compass? What values will guide you if you lose your way?

What paths or options are there in reaching your destination safely?

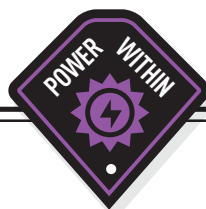
Are you willing to take risks and be adventurous?

What places or milestones will you reach along the way?

What challenges might you face? Consider the potential weakness, threats or barriers to reaching your end goal.

How will you overcome these challenges?

Who will you walk with? Why, what skills do they have, what would they bring on the walk?



BRING IT TO A MAKE CHANGE HAPPEN MEETING

Report back

Create the narrative of your journey and share it with your Make Change Happen group. This tool is great to share with the group as an introduction to yourself and your project. You may even find that some of the resources you need on your journey can be found amongst your Make Change Happen group.

Practice run

Pack for Your Hike is usually a tool used by individuals. However, you can also use it in a group at the start of a project. To practice leading this as a group process, simply follow the steps above to guide your Make Change Happen group as they brainstorm the destination, experiences, path equipment first aid etc. You could even facilitate the brainstorm using the Pool Your Ideas and Decide with Dotmocracy tools.

PACK FOR YOUR HIKE

IF YOU PACK ALL THE ESSENTIALS, YOUR JOURNEY WILL BE A LOT EASIER.

COMBINE THIS TOOL WITH:

- Plan your Actions
- Harness your Strengths with S.O.A.R

NOTES

Adapted from: Kate Harris, Centre for Sustainability Leadership (www.csl.org.au)